

An event to celebrate life, remember those we've lost, and find strength together.









Goodview Park, Wyoming, MN • 9:00 a.m. - 12:00 p.m.

Show up for one another and take action to prevent suicide.

On Saturday, August 17: remember, feel hope, and connect with people and resources that can help. Join the **Stomp Out Suicide** community.

> 5K run/walk • Live music • Family activities Memory event • Food trucks and more

Register and form your crowdfunding team today at **StompOutSuicide.org** or scan our QR Code.





Stomp Out Suicide was created in memory of Alissa Haines of Wyoming, Minnesota.

This event supports individuals of all ages who live with mental illness and substance use disorders. Learn more and find support at **CanvasHealth.org.**

CANVAS HEALTH

7066 Stillwater Blvd. N. Oakdale, MN 55128